

Course Description

This symposium will provide pediatricians, adolescent medicine specialists, internists, family practitioners, hematologists, oncologists, Emergency Room providers, psychologists, social workers, nurses and nurse practitioners with the most current information about the identification, etiology and management of common hematologic and oncologic problems that affect adolescents and young adults (AYA). A potpourri of topics will be presented by renowned specialists from a variety of disciplines. Attendance offers participants an opportunity to update their knowledge regarding the management of AYA patients with both common and complex hematologic and oncologic diagnoses, as well as the care of survivors of cancer. A section focusing on supportive care will address AYA-specific issues that providers often find difficult to discuss with their patients. Participation in this educational offering will result in better identification, diagnosis, decision-making, communication and treatment when AYA patients present with hematologic or oncologic disorders. Networking breaks will enable attendees to interact with faculty and forge new collegial relationships that will improve their patients' experiences.

Learning Objectives

Upon completion of this program, the participant will be able to:

1. Identify the etiology and treatment for a variety of hematologic problems in AYA
2. Recognize advances in oncologic treatments for AYA with leukemia and oncologic emergencies
3. Strategize ways to address mental-health issues while supporting normalcy in patients with hematologic or oncologic diagnoses
4. Encourage patients who have completed therapy to participate in wellness and survivor programs
5. Secure the assistance of the multidisciplinary AYA team to coordinate all aspects of patient care.



Target Audience

This educational program is designed for healthcare and other professionals involved in management of hematologic and oncologic malignancies in adolescents and young adults, including:

- Adolescent Medicine Specialists
- Pediatricians and Pediatric Nurse Practitioners
- Internists, Family Physicians and Family Nurse Practitioners
- Emergency Room Physicians, Nurse Practitioners and Physician Assistants
- Psychiatrists and Psychologists
- Medical and surgical residents and fellows
- Medical and Mental Health Social Workers
- Nurses and Nursing Assistants
- Patient Navigators and Educators

CME Accreditation Statement

New York Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

New York Medical College designates this Live activity for a maximum of 4.8 *AMA PRA Category 1 Credit*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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100 Woods Road
Valhalla, New York 10595



Current Topics in Hematology and Oncology: *Focus on Adolescents and Young Adults (AYA)*

A Guide for Primary Care Providers

Saturday, January 26, 2019

**Conference Room A,
Maria Fareri Children's Hospital,
Westchester Medical Center, Valhalla, NY**

**Online Registration available
until January 15, 2019**

**For information or questions
please contact WMC Conferences at:
conferences@wmchealth.org
or 914.493.5756**

**CE Credit Information:
4.8 CME/CNE credits applied for**



**Maria Fareri
Children's Hospital**
Westchester Medical Center Health Network

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Saturday, January 26, 2019

7:30 a.m. – 2:00 p.m.

**Conference Room A
Maria Fareri Children's Hospital
Westchester Medical Center, Valhalla, NY**

Course Director:

Mitchell S. Cairo, MD

Chief, Pediatric Hematology, Oncology and Stem Cell Transplantation
Director, Children and Adolescent Cancer and Blood Diseases Center
Medical and Scientific Director, WMC Cellular and Tissue Engineering Laboratory
Medical Director, WMC Hemotherapy Program
Associate Chairman, Department of Pediatrics
Professor of Pediatrics, Medicine, Pathology, Microbiology & Immunology
and Cell Biology & Anatomy
Maria Fareri Children's Hospital
Westchester Medical Center
New York Medical College



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Mitchell S. Cairo, MD

Chief, Pediatric Hematology, Oncology and Stem Cell Transplantation
 Director, Children and Adolescent Cancer and Blood Diseases Center
 Medical and Scientific Director, WMC Cellular and Tissue Engineering Laboratory
 Medical Director, WMC Hematotherapy Program
 Associate Chairman, Department of Pediatrics
 Professor of Pediatrics, Medicine, Pathology, Microbiology & Immunology and Cell Biology & Anatomy
 Maria Fareri Children's Hospital
 Westchester Medical Center
 New York Medical College

Faculty

Allyson Flower, MD

Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Childhood and Adolescent Cancer and Blood Diseases Center
 Maria Fareri Children's Hospital
 Westchester Medical Center
 Assistant Professor of Pediatrics and Microbiology and Immunology
 New York Medical College

Michael Gewitz, MD

William Russell McCurdy Physician-in-Chief/
 Executive Director, and Chief of Pediatric Cardiology, Maria Fareri Children's Hospital at Westchester Medical Center
 Professor and Vice Chairman, Department of Pediatrics,
 New York Medical College
 Vice-President, Boston Children's Health Physicians

Tara B. Giblin, RN, MS, MPH, CPNP

Nurse Practitioner, Pediatric Hematology, Oncology and Stem Cell Transplantation
 Clinical Program Coordinator for the Wellness & Survivorship, Adolescent and Young Adult (AYA), and Neuro-Oncology Programs
 Maria Fareri Children's Hospital at Westchester Medical Center

Jessica Hochberg, MD

Director, Hematologic Malignancy Program
 Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Childhood and Adolescent Cancer and Blood Diseases Center
 Maria Fareri Children's Hospital
 Westchester Medical Center
 Assistant Professor, Pediatrics
 New York Medical College

Angela Kadenhe-Chisweshe, MD

Attending Surgeon – Section of Pediatric Surgery
 Director of Pediatric Trauma
 Department of Surgery
 Maria Fareri Children's Hospital
 Westchester Medical Center

Marcia Nackenson, MD

Assistant Attending Physician, Dept of Pediatrics,
 Section of Adolescent Medicine
 Maria Fareri Children's Hospital
 Westchester Medical Center
 Chief of Adolescent Medicine
 Boston Children's Health Physicians
 Clinical Associate Professor of Pediatrics: Section of Adolescent Medicine
 Interim Chief of Adolescent Medicine;
 Department of Pediatrics
 New York Medical College



Venue Information

Conference Room A
Maria Fareri Children's Hospital
 100 Woods Rd.
 Westchester Medical Center
 Valhalla, NY 10595

Registration Information

Physicians	\$50
Nurses/Physician Assistants/Technicians	\$35
Fellows/Residents/Students	\$25

Mehmet Ozkaynak, MD

Director, Solid Tumor Program
 Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Childhood and Adolescent Cancer and Blood Diseases Center
 Maria Fareri Children's Hospital
 Westchester Medical Center
 Professor of Pediatrics
 New York Medical College

Lila Pereira, PhD

Postdoctoral Pediatric Psychology Fellow
 Pediatric Hematology/Oncology/SCT
 New York Medical College
 Maria Fareri Children's Hospital

Elizabeth A. Raetz, MD

Professor of Pediatrics, NYU School of Medicine
 Director, Division of Pediatric Hematology/Oncology
 Stephen D. Hassenfeld Children's Center for Cancer and Blood Disorders
 NYU Langone Health

Monique Regard, MD

Chief, Pediatric & Young Women's Gynecology
 Boston Children's Health Physicians
 Maria Fareri Children's Hospital
 Clinical Assistant Professor,
 New York Medical College

Online Registration

Please visit our website at:
www.westchestermedicalcenter.com/cme
 for registration and payment.

Online Registration available until Monday January 15, 2019. (Walk-in registration will be available day of the conference)

Cancellation Policy: Full refunds are available prior to Friday, January 12, 2019. After this date you may send an alternate to the event without additional charge. To request a cancellation or to make a change to the registration record, please send an email to conferences@wmchealth.org or call 914.493.5756

For information or questions please contact WMC Conferences at:
conferences@wmchealth.org
 or **914.493.5756**

Oya Tugal, MD

Director, Thrombosis and Hemostasis Program
 Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Childhood and Adolescent Cancer and Blood Diseases Center
 Maria Fareri Children's Hospital
 Westchester Medical Center
 Professor, Pediatrics, New York Medical College

Jordan Watson, MD

Fellow, Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Childhood and Adolescent Cancer and Blood Diseases Center, Maria Fareri Children's Hospital
 Westchester Medical Center

Planners

Connie Leonick, MS, RN, CPNP

Pediatric Nurse Practitioner
 Division of Pediatric Hematology, Oncology, and Stem Cell Transplantation
 Maria Fareri Children's Hospital
 Westchester Medical Center

Agenda: Saturday, January 26, 2019

7:30 - 8:00 a.m.	Breakfast and Registration
8:00 - 8:10 a.m.	Welcome and Introductions / Michael Gewitz, MD
Hematology / Moderator: Dr. Ozkaynak	
8:15 - 8:40 a.m.	When the Periods Won't Stop / Monique Regard, MD
8:40 - 9:05 a.m.	Thrombosis in Adolescent and Young Adult Patients / Oya Tugal, MD
9:05 - 9:30 a.m.	Iron Deficiency in Teens: The Role of IV Iron Therapy / Jordan Watson, MD
9:30 - 9:35 a.m.	Q & A
Oncology / Moderator: Dr. Cairo	
9:40 - 10:25 a.m.	Keynote Speaker: What's New in AYA Acute Lymphoblastic Leukemia Elizabeth Raetz, MD
10:25 - 10:50 a.m.	Oncologic Emergencies in AYA Patients / Jessica Hochberg, MD
10:50 - 10:55 a.m.	Q & A
10:55 - 11:15 a.m.	Networking and Coffee Break
AYA-Supportive Care / Moderator: Dr. Hochberg	
11:20 - 11:45 a.m.	Body Image: Advances in Laparoscopic Surgery Angela Kadenhe-Chisweshe, MD
11:45 - 12:10 p.m.	Adolescents, Compliance, and Adherence: Not an Impossible Dream Marcia Nackenson, MD
12:10 - 12:35 p.m.	Navigating Sexuality in Chronically Ill AYAs / Lila Pereira, PhD
12:35 - 12:40 p.m.	Q & A
12:40 - 1:00 p.m.	Pick-up Lunch (provided for working lunch session)
Outcomes in AYA Patients / Moderator: Connie Leonick, CPNP	
1:00 - 1:25 p.m.	Wellness and Survivorship in the AYA Population / Tara Giblin, CPNP
1:25 - 1:50 p.m.	Improving Adolescent and Young Adult Patient Outcomes through Focused Multidisciplinary Care at Maria Fareri Children's Hospital of Westchester Medical Center / Allyson Flower, MD
1:50 - 1:55 p.m.	Q & A
1:55 - 2:00 p.m.	Conclusion and Evaluations / Mitchell S. Cairo, MD